

REFERRAL PREP CHECKLIST

1. Do I know whom I'm seeing?
2. Do I know how to get there?
3. Do I know the reason for the referral?
4. Do I have questions I want answered at the visit? Are they written down?
5. Do I need tests or procedures before the visit?
6. What do I need to do to be ready for the visit?
 - a. Bring medications?
 - b. Bring records or X-rays?
 - c. Change my usual eating?
7. Is there anything else I should know about the visit?
8. Will my insurance cover the visit? If so, will there be co-pays or other charges??
9. Do I know who to call if I have trouble with the referral?
10. What can I expect after the visit?
 - a. Who will tell me what to expect next?
 - b. Do I need to check in with my primary care team?
 - c. Will I see the specialist again?